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Salads
the twin principles that food can both taste good and do you good. In this book, Leon authors Jane Baxter and John Vincent bring together 100 recipes for fresh, vibrant, delicious salads that will have you feeling healthy and happy.

Amazon.com: Happy Leons: LEON Happy Salads eBook: Baxter ...

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**LEON Happy Salads:
Baxter, Jane,
Vincent, John ...**

Happy Salads. £16.00.

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the twin principles that food can both taste good and do you good. In this book, Leon authors Jane Baxter and John Vincent bring together 100 recipes for fresh, vibrant, delicious salads that will have you feeling healthy and happy. Divided into chapters that include Classics, Naturally Fast, Salads for Friends, Family Salads and Lunchbox, this book contains

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salads for all tastes
and all occasions.

Happy Salads - Leon Restaurants

In this book, Leon authors Jane Baxter and John Vincent bring together 100 recipes for fresh, vibrant, delicious salads that will have you feeling healthy and happy. Divided into chapters that include Classics, Naturally Fast, Salads for Friends, Family

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Salads and Lunchbox,
this book contains
salads for all tastes
and all occasions.

**Happy Leons: LEON
Happy Salads : Jane
Baxter :
9781840917185**

Leon Happy Salads.
Written by by Jane
Baxter & John Vincent,
Conran Octopus 2015,
Photography by Tamin
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matching principles
that food can taste
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In this the latest
addition to the Leon
series of cookbooks,
Leon authors Jane
Baxter and John
Vincent bring together
100 recipes for fresh,
exciting, delicious
salads that are healthy
and happy.

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Salads
Happy Soups-John
Vincent 2017-10-05

Following the success of Leon Happy Salads - more than 60,000 copies sold - the Leon team is back, this time with delicious warming soups that are a meal in themselves. Leon, the home of naturally fast food, has created a collection of more than 100 all-new, all-smiles

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Happy Salads eBook:
Baxter, Jane ...**

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from Leon: Happy
Salads Leon by Jane
Baxter and John

Vincent Categories:
Salads; Lunch; Main
course; Cooking ahead;
Cooking for 1 or 2;
Dairy-free; Vegan;
Vegetarian Ingredients:
kale; sesame oil;
rapeseed oil; chilli
sauce; soy sauce;
ground cayenne
pepper; carrots; tinned
chickpeas; ground
cumin; toasted sesame
seeds; rice vinegar;

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Salads
fresh ginger; coriander
leaves; cooked
sweetcorn kernels;
tempeh

**Leon: Happy Salads |
Eat Your Books**

Buy Happy Leons:
LEON Happy Salads
Illustrated by Baxter,
Jane, Vincent, John
(ISBN:
9781840917185) from
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Baxter, Jane ...

He wrote LEON
Naturally Fast Food
with Henry Dimbleby,
LEON Family & Friends
with Kay Plunkett-
Hogge, LEON Happy
Salads and LEON Fast
& Free with Jane Baxter
and LEON Happy
Soups, LEON Happy
One-pot Cooking and
LEON Fast Vegan with

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Rebecca Seal. He

thinks that our

relationship with food
should be positive and

joyous and that we

need to listen more

carefully to our gut, eat

more good fats and

less sugar.

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Happy Salads eBook:

Baxter, Jane ...

John Vincent is co-

founder of Leon, which

now has more than 45

restaurants across the

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UK (and two in Amsterdam). He wrote the Leon Naturally Fast Food with Henry Dimbleby, Leon Family & Friends with Kay Plunkett-Hogge and Leon Happy Salads and Leon Fast & Free with Jane Baxter. He believes food has the power to delight, invigorate and bring people together.

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Happy Soups By

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